

SONA News



SONA News

Winter, 2010

Southwestern Ohio Nurses Association

FREE CE: Trends in Dementia Care

Learn about aging-in-place, preventing dementia, & improving care with technology, modifying immediate environment for patient stability, incorporating mental stimulation to delay neurological decline, & identifying reversible vs. irreversible dementia. Presented by Julie Uhrig, Dir. of Residential Care Services.

Tuesday, March 30

Registration/
Reception: 5:30 PM
Presentation: **6-7 PM**

Twin Towers Life Enriching Communities,
5343 Hamilton Ave.,
Cincinnati, OH 45224

Cost: **Free for SONA members and students** (with student ID). \$15 for Non-SONA members

Must pre-register by contacting SONA with your name and telephone number. Call 513-961-2981 or email info@sonanet.org.

Special thanks to LEC for hosting this CE program for SONA. Visit them on the web at www.lec.org.

1 CE credit has been applied for.

Workplace Violence Survey

SONA is currently working on a legislative draft that, if passed, would protect all Ohio nurses against violence and abuse in

their workplace. We are reaching out to our members to ensure that the legislative language covers all the potential work-

place scenarios in which nurses are currently engaged in and once our internal proc-

(Continued on page 2)

Congratulations to SONA Members!

- Joylynn Daniels was awarded Cornelius Congress Award at the October ONA convention.
- Mary Kay Victor and Sandy Schoenberger were awarded 2009 DAISY Award.
- Leah Curtin was designated as a "Living Legend in Nursing" by the American Academy of Nursing at the November AAN convention.

Check out the pictures located on our web site and be sure to share all member accomplishments with us so we can post them!

Workplace Violence Survey (cont.)

SONA BOARD

PRESIDENT TERM 09

Katharine Dalton

VICE-PRESIDENT TERM 10

Nakita Travis

SECRETARY TERM 10

Andrea Hale

TREASURER TERM 10

Joylynn Daniels

BOARD OF DIRECTORS

Kelly Christian 10
Sandra Curtis 09
Jennifer Cook 09
Carmen Brown 10
Rob Frey 10
Nicole Jackson 10
Mary Murphy 09
Teresa Olyaie 10
Deborah Schwytzer
09
Beverly Tillman 10

PAST PRESIDENT

Willa Lowe

EXECUTIVE DIRECTOR

Jill Claire

(Continued from page 1)

ess is completed, ONA will then seek out legislative support for our proposal. We would like to hear from our members. If you have experienced being assaulted

while on duty or if you know anyone else who has experienced this, please contact the SONA office at 513-961-2981. Or please complete the ONA survey online at ohnurses.org.

See your January/February 2010 Ohio Nurses Review for more information on this important issue.



Cincinnati Board of Health

The Cincinnati Board of Health has not had a RN board member in quite some time. This is a fantastic opportunity for a member of SONA to pursue and the Board would greatly benefit from a RN's per-

spective.

The term for a Cincinnati Board of Health member is 3 years. The Board meets the 4th Tuesday of each month at 6 PM. You do not have to be a resident of the City

of Cincinnati to serve on the Board. SONA can assist you in preparing a letter of interest to the Mayor and also providing letters of endorsement. Please consider this great opportunity.



**SONA
Delegates
at
ONA
Convention
2009**

SONA is on Facebook

Are you a member of Facebook? Then become a fan of SONA. It's a great way to network with other RNs in the area and stay in touch with current SONA events

and news.

Please note: You must type in SONA's full name (Southwestern Ohio Nurses Association). You will find two listings. Please be-

come a fan of the one listed as a "professional association." If anyone knows who created the other listing please let us know so we can get it removed!



Find us on
Facebook

SONA Call for Nominations

SONA Officer and Board of Directors election is coming up soon!

Would you like to be more active in your professional association? If so, volunteering is a great way to

get involved. New Officer and Board Member elections will be held on June 23, at 6 PM, at the annual meeting. The position of President, Treasurer, and five Board Member seats will

be elected at that time.

Please consider this opportunity and contact SONA at 513-961-2981 or info@sonanet.org for more information. The

"consent to serve if elected" form is located on our website. There is also a listing of all SONA committees if you'd like to get involved at that level first.

Ohio LPN Licensure Changes

As of 12/09, licensure designations have changed for Ohio LPNs:

LPN Meds: A LPN who is authorized to administer medications, but not

perform limited IV therapy.

LPN M-IV: A LPN who is authorized to administer medications and perform limited IV therapy.

LPN: A LPN who

is not authorized to administer medications or perform limited IV therapy.

If you wish to search the Ohio License and Certificate Verification site you may



do so at:
www.nursing.ohio.gov/verification.htm.

SONA Legal Referral Program provided by...

LaTonia Denise Wright, RN, BSN, JD represents, counsels, and advises student nurses, NCLEX-Applicants, LPNs, RNs, and APRNs in State Nursing Board investigations, hearings, and post-discipline matters in Ohio, Kentucky, and Indiana. She also offers one-time legal consultations by email, phone, or in-person to nurses on employment, workplace, criminal, and professional practice matters. Her law firm also offers legal and Ohio nursing law and rule CE programs.

Law Office of LaTonia Denise Wright, LLC

11427 Reed Hartman Highway, Suite 205

Cincinnati, Ohio 45241

513.771.7266 phone

513.771.0360 fax

ldw@nursing-jurisprudence.com email

www.nursing-jurisprudence.com website

www.advocatefornurses.typepad.com blog

Nurse's Clinic at Drop Inn Center

For those of you who are working on the Central Ladder, this is an excellent opportunity to provide community service.

Our Human Rights Committee has been operating a nurse's clinic at the DIC one afternoon a week since 1994.

We're always looking for members to continue the work. We ask for a commitment of one Tuesday afternoon a

month from 4-6 PM. Care involves assessment, vital signs, blood pressure and glucose monitoring, referrals and supportive communication with residents.

If you would consider joining this project, please call Marge Ryan,

825-1910 or e-mail: ryanma@fus.e.net to set a time to come to the clinic during a Tuesday afternoon.

All RNs are welcome regardless of your expertise. Basic nursing skills and compassion are what is needed.

SONA Education Fund

ONA Convention is a great opportunity for RNs to learn and take an active part in making decisions that affect the nursing industry. As the 2nd largest district in Ohio, SONA members

really count!

That's why it is so important to raise funds to help send members to convention. A simple way to do so is **Applebee's Dine to Donate program**. Simply print the flyer

from our website www.sonanet.org and dine at any Applebee's on February 15, March 15, and/or April 19.

Share the flyer with friends and family (there's no limit). Applebee's



will donate 10% of all sales from the flyers to SONA's education fund. Great food and a great cause!

Cincinnati Reds Fundraiser

We can help the education fund (i.e. our members) in a BIG way if we can get enough volunteers to work 12 Cincinnati Reds games. All workers must attend 1

training class (6PM - 11PM). Workers arrive 30 minutes prior to game and plan on staying 3 hours for game and 1 hour for cleanup. Please contact SONA at

513-961-2981 or email info@sonanet.org with your name, your phone number, and how many games you can commit to work. We can raise over \$4,500



if we have enough volunteers. Friends and family are welcome.

CE Topics

In 2010 we have 4 CE events planned:

March 30 is Trends in Dementia Care (see front page for full details).

June will be our annual meeting CE (stay tuned for more details).

In August, LaToonia Denise Wright will host a free legal CE.

October will be our final CE event of 2010.

We would love to hear from you about the CE topics of interest to you.

Call or email
SONA with
your CE topic
requests!

SAM'S CLUB offer

Sam's Club has extended a special offer to SONA members. Each member can receive a \$10 Sam's gift card and 2 membership cards for \$35/yr. (normally \$40/yr.

per individual). If you would like to take advantage of this offer, contact James Wright, Business Representative, at 513-631-3725. He can explain all the membership

benefits and take care of your enrollment.

Just tell him you are with Southwestern Ohio Nurses Association to get the special rate.



Media Contact List

To help SONA to be a valuable resource to our community, we are compiling a list of designated members acting as the "go to"

people by specialty. SONA is building relationships with local governments in our district and strives

to be a liaison to the local nursing industry. If you are interested in being a "go to" person, please contact

the SONA office at 513-961-2981 or email info@sonanet.org with your contact info and specialty (we can add categories).

Resources for Health Care Issues:	First	Last	First	Last	First	Last
Adult Health Nursing						
Community Health Nursing						
Critical/Emergency Care Nursing	Debbie	Schwytzer				
Gerontological Nursing						
Medical-Surgical Hypertension						
Medical-Surgical Nursing						
Nursing Education	Linda	LaCharity	Janet	Goeldner		
Nursing Research	Janet	Goeldner				
Obstetrical Nursing	Mary Ann	Schroth				
Oncology Nursing						
Parish Nursing						
Psychiatric Nursing	Jan	Skavdahl	Rob	Frey	Jean	Anthony
Transcultural Nursing	Josepha	Campinha-Bacote				

Local Legislators

The "2009 They Represent Us" provided by the League of Women Voters is now a link on our website. This is an excellent resource and map to state and local government representa-

tives and issues. We also have links to local government websites' calendar of events. Their council and health & environment committees are open to the public and the health de-

partments' meetings are open too. We encourage members to stay in touch with political and health issues in your community.



**LEAGUE OF
WOMEN VOTERS**
of the Cincinnati Area

LaTonia Denise Wright, RN, BSN, JD with the Law Office of LaTonia Denise Wright, LLC is available to present the following 1.0 contact hour CE programs to nursing students, nurses, and/or faculty:

- What About Next Thursday? Professional Boundaries for Ohio Nurses (Category A)
- Ohio Nursing Board Disciplinary Investigations (Category A)
- Navigating Ohio Nursing Law & Rules (Category A)
- Ohio Board of Nursing Alternative to Discipline Programs (Category A)
- Legal Alphabet Soup for Nurses: Administrative Law to Employment Law
- Anatomy of a Nursing Negligence Law Suit
- Managing the Legal Risks in Nursing Practice: Do You Feel Lucky?
- A Legal Minefield: Abuse, Impairment, and Addiction in Nursing
- Alternative Program Contracts, Consent Agreements, and State Nursing Board Orders: Oh My!
- What is the Nurse License Compact?; and
- Legalities in Nursing Documentation

These continuing nursing education activities were approved by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approval valid through 3/17/2011.

One or more of these programs can be presented on a date, time, and location of your choice. For additional information about Ms. Wright's nursing and legal background, see her website at www.nursing-jurisprudence.com. For pricing please email Ms. Wright at ldw@nursing-jurisprudence.com or call 513-771-7266.

Do we have your email?

Email communication is a fast and economic way to get news to our members. If we have your

home email, newsletters are now only emailed to you. Please tell us your home email if you are

not currently receiving SONA emails. Send us an email from your home account and men-

tion "SONA E-list" in the subject line. Be sure to include your name in the message!

Southwestern Ohio Nurses Association

2330 Victory Parkway, Suite 801
Cincinnati, OH 45206

Phone 513-961-2981

Fax 513-961-0497

Email info@sonanet.org (new email!)

Web www.sonanet.org



PRESORT STANDARD
U.S. POSTAGE
PAID
CINCINNATI, OH
PERMIT NO. 1736

Mark Your Calendar...

- January 27: SONA **Board Meeting** at 6 PM
- February 15: **Dine to Donate** at Applebee's
- February 24: **All Nurses Day at the Statehouse**. Call ONA at (614) 237-5414 for more information.
- February 24: SONA **Board Meeting** at 6 PM
- March 15: **Dine to Donate** at Applebee's
- March 24: SONA **Board Meeting** at 6 PM
- March 30: SONA **Trends in in Dementia Care CE** 6-7 PM at Twin Towers
- April 4-10: SONA **Virtual Career Fair**. Stay tuned for more information!
- April 16: ONF **Nurses Choice Awards & Scholarship Luncheon** in Columbus at The Blackwell OSU
- April 19: **Dine to Donate** at Applebee's
- April 28: SONA **Board Meeting** at 6 PM

